



Connacht Rugby Club and Galway City Sports Ground are part of the European Healthy Stadia programme which aims to promote the health of visitors, fans, players, employees and the surrounding community.

We are committed to focus on the following lifestyle, environmental and social elements...

Lifestyle

1. Provide a healthy food and drinks option
2. Include health promotion messages in programmes
3. Install notice board for health promoting messages
4. Install health promoting messages in dressing rooms and toilets
5. Link with national health promoting campaigns
6. Install road safety message at exit of grounds
7. Announce road safety messages at appropriate times
8. Have sunscreen available for staff and fans
9. Install bike rack and encourage people to cycle
10. Obtain defibrillator and undergo training
11. Develop health promoting initiatives for staff

Environmental

12. Provide recycling bins in office and dressing rooms
13. Promote recycling
14. Organise community lead out on clean up of surrounding area
15. Develop green transport plan i.e. promote bus routes etc.

Social

16. Link and support initiatives within the local community
17. Make venue available for community activities
18. Ensure stadium is accessible
19. Have key contact with An Garda Siochana
20. Include messages in Irish
21. Support and endorse healthy messages through use of players and key representatives
22. Organise and support charity events
23. Link, and share information, with other Stadia in Galway, Ireland and throughout Europe