



Galway Bay Sailing Club are part of the European Healthy Stadia programme which aims to promote the health of visitors, fans, players, employees and the surrounding community.

We are committed to focus on the following lifestyle, environmental and social elements...

#### **Lifestyle**

1. Provide a healthy food and drinks option
2. Install notice board for health promoting messages
3. Install health promoting messages in dressing rooms and toilets
4. Link with national health promoting campaigns
5. Install road safety message at exit of grounds
6. Have sunscreen available for staff and fans
7. Install bike rack to encourage people to cycle

#### **Environmental**

8. Provide recycling bins in office and dressing rooms
9. Promote recycling
10. Organise community lead out on clean up of surrounding area

#### **Social**

11. Link and support initiatives within the local community
12. Ensure stadium is accessible
13. Have key contact with An Garda Siochana
14. Include messages in Irish
15. Support and endorse healthy messages through use of sailors and key representatives
16. Organise and support charity event
17. Link, and share information, with other Stadia in Galway, Ireland and throughout Europe